

Administrative Procedure 161

NUTRITION IN SCHOOLS

Background

The Division is committed to promoting and offering nutritious foods and beverages in its schools. Wellbeing.

All schools are ensured in our schools, and at school approved or hosted event shall adhere to the guidelines as outlined in "Nourishing Minds: Eat Well. Learn Well. Live Well." (2009) "Canada's Food Guide for Schools, Healthy foods for my School.

Nutritious foods and beverages will be competitively priced and appropriately marketed and advertised.

Schools will adhere to Public Health food safety standards.

Each year the school administrators and Superintendent of Operations will review current nutritional guidelines and how the school is adhering to them annually.

1.6 Predominantly nutritious food and beverage items will be offered in the following areas:

- Canteens
- Concessions
- Cafeteria
- Vending machines
-

- 1.7 Refer to Ministry Guidelines for serving frequency.
- 1.8 Catering companies and outside vendors are notified of and adhere to the nutrition policy.

Reference: Section 85, 87, 175 of the Education Act
[Nourishing Minds: Eat well. Learn well. Live well. \(2019\) Ministry of Education](#)

Canada's Food Guide can be found at [https://food-guide.canada.ca/en/Healthy Foods for My School](https://food-guide.canada.ca/en/Healthy-Foods-for-My-School) (Government of Saskatchewan, 2015) (Government of Saskatchewan, 2015)

July 23, 2019