

## SUCCESSFULLY MOVING FROM HIGH SCHOOL TO POST-SECONDARY LIFE

If you think of the change from high school to post-secondary education as a pile of rocks, or obstacles to overcome, the fewer rocks you have between you and your goal (succeeding in post-secondary), the greater are your chances of success. Here are some rocks you will face and some ideas of how to get rid of a few of these rocks to make the pile a little easier to climb.

THINGS YOU HAVE TO LEARN	HOW TO DEAL WITH THEM
Paying your own bills	You'll be doing this for the rest of your life. You have to learn how to do it some time. There is no easy solution other than to figure it out. There is help though. For example, SaskTel, SaskPower, and SaskEnergy have help lines and websites that can provide assistance.
Very difficult classes that are difficult to pass	Get into learning communities, study groups, and tutoring (free if you ask the right people). Ask your academic advisor for help.
Advocating and standing up for yourself	Some things have no solution other than you just have to do them. It's something everybody needs to learn how to do and just a good thing to learn and know.
Learning how to play the "game" of post-secondary	Time and experience: Once you are in post