

Get very specific here and note that the answers to questions two and three can sometimes feel similar and interconnected. That's okay. Look at what you've written for answers. Start looking for patterns and themes you can tie together. For example, if you want to help underprivileged youth find scholarships for college, and you've always loved public speaking, then your solution might look like hosting seminars at local high schools. If you want to help students learn math, maybe you become a teacher and coach, or maybe you write textbooks or instruction manuals. If you want to improve mobility in the elderly, maybe you want to be a physical therapist, or use science to create a specific piece of technology to help the elderly maintain mobility.

Finding your passion is not as difficult as it sounds. It all comes down to asking yourself some questions to help you notice patterns and themes in your life. These patterns and themes will usually point to people groups about whom you care deeply, problems about which you're passionate, and solutions you're capable of providing.

Once you've answered these questions and jotted down notes of any patterns you're noticing, make sure to get feedback from people you love and trust and who will speak truth to you. Many times, those around us will see passions in us of which we are not even aware.

Another way to look at things is to consider questions like these:

- x If all jobs paid the same amount of money and took the same amount of time and cost to get trained, what might you like to do?
- x If you had \$10 million, and you didn't have to work at a job for the money, what would you wake up and do every day?
- x What do your parents say you might do for an occupation?
- x What job would you do for free, because you like it that much?
- x What would an amazing day of work look like?

If you need more help in figuring out or nailing down your passion, check out Ken Coleman's free [Career Clarity Guide](#)'s a worksheet designed to help you define your top talents, passion and mission so that you can take bold steps towards your next big opportunity. There are many other free resources and others that have a cost on his website. Free resources and articles include resume and interview guide, how to find a mentor, helping you find your purpose at work, how to start a new job, and much more.

-Adapted from Ken Coleman "How to Find Your Passion"